

BENEFITS OF FLOATING

SENSORY DEPRIVATION

- **Stress Relief**

Stress is rampant throughout our culture, and the havoc this can have on the human body is well documented. Our fight-or-flight system basically gives priority to a select number of our bodies faculties at the expense of most of our basic regulatory functions. This is an effective means for surviving a tricky situation, but it's not how our bodies are meant to be constantly running. Stress relief comes almost instantly from floating and simply gets stronger and lasts longer the more you float. Consistent floating can help alleviate and treat: Hypertension, Apoplexy, Stroke, Coronary Heart Disease, Ulcers, Migraine, Tension Headaches, Asthma, Rheumatoid Arthritis, Osteoarthritis, Depression, Burn out syndrome, Fertility issues... and more.

- Emotional Pain Relief—PSTD
- Insomnia—Jet Lag
- Addiction—Smoking, Alcohol, Drugs
- Weight Loss— rest & digest system
- Hemispheric Brainwave Synchronicity
- Enhanced Creativity—Super learning

EPSOM SALT

- **Skin & Hair Health**

Epsom salt is wonderful for skin and hair. Being an entirely different compound than table salt, the Epsom salt does not dehydrate you in any way. No amount of time in the float tank will ever leave you pruned up.

- **Muscle & Joint Soreness**

Since Epsom salt was discovered it has been used for relaxing sore muscles and joint.

- **Magnesium**

We are used to absorbing Magnesium through the food we eat, but as our agriculture is grown more and more from mineral deficient soil, and as our food becomes more processed, it is estimated that 68% of American adults are now Magnesium deficient. We use Magnesium to: Regulate over 300 enzymes, Facilitate Calcium absorption, and to Prevent: Asthma, Diabetes, Osteoporosis, Stroke, Heart Attack, to shorten Migraine symptoms and lessen PMS.

- **Sulfates**

Our bodies use sulfates for a number of things, including balancing our hormone levels, and especially in relation to digestion. Proper levels of sulfates can help in detoxification by stimulating the pancreas and generating digestive enzymes.

GRAVITY REDUCTION

- **Pain Relief**

Floating relieves back and neck pain while helping with spinal and structural alignment.

- **Medical Conditions**

Gravity reduction reduces the pain caused from arthritis, scoliosis, and fibromyalgia.

- **Athletic Training**

Floating reduces lactic acid, improves reaction time, and speeds the physical recovery time from training and injury.

- **Strengthens Immune System**

The abundance of resources freed up while floating allows your body to reallocate that energy towards building up your defenses, giving you a nice boost of immunity during and after a float

THETA FLOATS, LLC

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OPEN

Monday - Saturday

10:00 A.M.—10:00 P.M.

By Appointment

Single Float Price:

\$50 for 60 minutes

\$60 for 90 minutes

Package Deals

3—60 Minute Floats for \$125 (A \$25 Discount!)

3—90 Minute Floats for \$150 (A \$30 Discount!)

5—60 Minute Floats for \$200 (A \$50 Discount!)

5 —90 Minute Floats for \$240 (A \$60 Discount!)

30 min. Sauna with a 60/90 min Float... \$70/\$85

60 min. Sauna with a 60/90 min Float....\$85/\$95

\$99 Memberships

Memberships do not require a contract and can be cancelled at any time. Credits purchased through a membership or package deal Do Not Expire. If you paid for it, it's yours until you're ready for it!

1 Float Per Month - \$50/Month

2 Floats Per Month - \$95/Month

"The Weekly" Float...

4 Floats Per Month - \$180/Month

What's truly impressive about float tanks is that almost every one of the benefits lasts for several days past the float itself.

The longer and the more often the float tank is used the stronger the effects become, the longer they last, and the better off someone is when they come in to float again.

This creates a positive spiral of recovery and health that simply works to reinforce itself, giving people a path and a means towards a better life.

The enclosed information is taken from over 200 research articles containing both lab experiments and case studies, published between the 1960's and the present.

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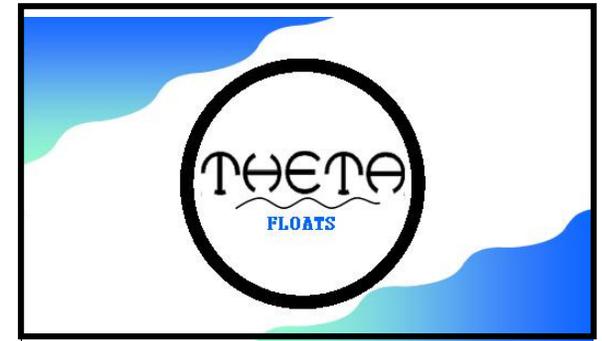
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Floating



Floatation Therapy

Restricted

Environmental

Stimulation

Technique

A float Room is a tank filled with water that has enough Epsom salt mixed in to allow a person to float on the surface. The water is kept at skin-temperature, making it imperceptible, and the tank is soundproof and pitch black, creating a place for our bodies to be free from gravity and all stimulation from the outside world.

**lights and music are available if desired*

www.ThetaFloats.com

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