



MAY | 2017

GHS CAFÉ

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancake on a Stick Juice, Banana & Milk Chili Cheese Nachos Refried Beans, Salad, Carrots Applesauce Cheeseburger Sandwich INT: Ham & Cheese Pocket Spicy Chicken Sandwich	2 Frudel Juice, Oranges & Milk Beef Soft Taco Broccoli, carrots, Salad Fresh Fruit Chicken Sandwich INT: Mac & Cheese w/Roll Bean & Cheese Burrito	3 WG Cinnamon Roll Juice, Peaches & Milk Ham & Cheese Sandwich Baked Beans, Celery Sticks, carrots Pears Cheeseburger Sandwich INT: Garlic French Bread Spicy Chicken Patty Sand.	4 French Toast Sticks Juice, Pineapple & Milk Sloppy Joe Sandwich Green Beans, Sweet Potato Fries Fresh Fruit Spicy Chicken Wrap INT: Teriyaki w/Rice Sweet Asian Chicken w/Rice	5 Bkfst Bacon Cheese Pizza Juice, Fruit & Milk Spicy Chicken Sandwich Corn, Fries, Salad Fruit Cheese Pizza INT: Chicken Quesadilla Chefs Choice
8 Egg Stravaganza w/WG Graham, Juice, Apple & Milk Chili Cheese Nachos Refried Beans, Dice Potatoes Carrots, Salad Applesauce Spicy Chicken Sandwich INT: Country Fried Steak w/gravy Bean & Cheese Burrito	9 Sausage Pancake on Stick Juice, Oranges & Milk Spaghetti w/Bread California Veggies, Garden Salad Carrots & Fresh Fruit Chicken Sandwich INT: Buffalo Chicken w/Roll Spicy Chicken Patty Sandwich	10 Sausage Gravy Pizza Juice, Peaches & Milk Chicken Caesar Wrap Corn, Side Salad & Carrots w/tom Pineapple Cheeseburger Sandwich INT: BBQ Flat Bread Sweet Asian Chicken w/Rice	11 Pancakes Juice, Oranges & Milk Chicken Quesadilla Roasted Carrots, Salad, Celery w/tom Fresh Fruit Fish Sandwich INT: Orange Chicken w/Rice Grilled Chicken Sandwich	12 Chefs Choice Juice, Fruit & Milk Bosco Sticks Roasted Brussels Sprouts, Carrots Salads, Fries & Fruit 4 – Cheese Pizza INT: Beef Soft Taco w/L&C Chefs Choice
15 Frudel Juice, Banana & Milk Chili Cheese Nachos Refried Beans, Salad, Carrots Applesauce Chicken Sandwich INT: Tetrazzini w/Roll Bean & Cheese Burrito	16 Egg Muffin Juice, Orange & Milk Grilled Chicken Sandwich Baked Beans, Sweet Potato Fries Celery, Carrots & Fresh Fruit Cheeseburger Sandwich INT: Chicken Alfredo w/Roll Spicy Chicken Patty Sandwich	17 WG Cinnamon Roll Juice, Peaches & Milk Chicken Soft Taco Steamed Broccoli, Carrot Sticks, Salad w/Tom & Peaches Spicy Chicken Sandwich INT: Fiesta Chicken Flatbread Tenderloin Sandwich	18 French Toast Sticks Juice, Pineapple & Milk Corn Dog Winter Veggies & Carrot Sticks Salad & Fresh Fruit Chicken Sandwich INT: General Tso Chicken w/Rice Grilled Chicken Sandwich	19 Chefs Choice Juice, Fruit & Milk Chefs Choice Roasted Cauliflower, Salad & Carrot Sticks Fruit INT: Chefs Choice
22 Chefs Choice Juice, Apples & Milk Chili Cheese Nachos Refried Beans, Garden Salad Carrots & Fruit Cheeseburger Sandwich INT: Popcorn Chicken w/Roll Spicy Chicken Sandwich	23 Chefs Choice Juice, Fruit & Milk Chefs Choice Veggies & Fruits INT: Chefs Choice	24 Chefs Choice Fruit & Milk Turkey Sandwich Sack Lunch w/Veggies Fruit & Milk	25 Have a GREAT SUMMER & Good luck CLASS OF 2017	
29	30	31	Coming next school year a New Payment System for Meals EZSchoolPay.com	

News

BREAKFAST

served daily 7-7:20 am

Options available:

Hot Entrée

Fruit

Yogurt Parfait/Granola

Cereal

Muffins

Juice

Milk

Student Breakfast Meal \$1.35

Adult Breakfast Meal \$1.75

LUNCH:

Deli Line

Salad options:

Vegetarian

Chicken

Ham & Egg

Chef

Sub and Wrap options:

Ham & Cheese

Turkey

Italian

Vegetarian

Student Meal \$2.45

Adult Meal \$3.50

Assorted Fruits & Veggies Available Daily on

All Lunch Lines.