

GREENWOOD MIDDLE SCHOOL

ATHLETES' HANDBOOK

2018-2019

MEMBER: MID-STATE CONFERENCE

**CLARK PLEASANT
FRANKLIN COMM
DECATUR CENT
JOHN WOODEN**

**GREENWOOD
PAUL HADLEY
PLAINFIELD
PERRY MERIDIAN**

**MEMBER: JOHNSON COUNTY ATHLETIC
ASSOCIATION**

**CENTER GROVE CENT.
CENTER GROVE NORTH
CLARK PLEASANT**

**FRANKLIN COMM.
GREENWOOD
INDIAN CREEK**

ADMINISTRATION

SUPERINTENDENT Dr. Kent DeKoninck

PRINCIPAL..... Chris Sutton

ASSISTANT PRINCIPAL Jennie Brinker

Athletic Director.....David Harker

Athletic Secretary.....Kim Stainbrook

TABLE OF CONTENTS

<u>TOPIC</u>	<u>PAGE</u>
1. ELIGIBILITY RULES	2
1.1 AGE	2
1.2 GRADES	2
1.3 PARENTS AND PHYSICIAN'S CONSENT FORM	2
1.4 PRACTICE RULES	2
1.5 ABSENCE DUE TO ILLNESS.....	2
2. AWARDS	3
3. ATHLETIC PARTICIPATION	3
4. TRAINING, PERSONAL HABITS, CONDUCT, AND CITIZENSHIP	3
4.1 APPEARANCES	3
4.2 CITIZENSHIP	3
4.3 USE OF CONTROLLED SUBSTANCES, TOBACCO, AND ALCOHOL.....	3
4.4 APPLICATION OF ATHLETES' HANDBOOK.....	3
4.5 ATHLETIC COUNCIL	3
4.6 TEAM RULES.....	4
4.7 DUE PROCESS	4
4.8 GUIDELINES FOR DISCIPLINARY ACTION FOR NON-SCHOOL/IN-SEASON	5
4.9 GUIDELINES FOR DISCIPLINARY ACTION FOR NON-SCHOOL/	
OUT-OF-SEASON	6
4.10 GUIDELINES FOR DISCIPLINARY ACTION FOR SCHOOL FUNCTION	6
5. POLICIES	6

5.1	SCHOOL SUSPENSIONS	6
5.2	PRACTICE ATTENDANCE.....	6
5.3	CONTEST EXPULSION	6
5.4	PARENT AWARENESS.....	6
5.5	AWARDS HONOR PROGRAM	6
5.6	TEAM TRANSPORTATION.....	6
5.7	EQUIPMENT & UNIFORMS	6
5.8	INJURIES	6
5.9	ATHLETIC INSURANCE	7
5.10	DRESS CODE FOR ATHLETIC EVENTS	7
5.11	ABSENCES	7
MISCELLANEOUS WORD USAGE.....		7
C O N S E N T F O R M		8
ATHLETIC EMERGENCY INFORMATION SHEET.....		9

GREENWOOD MIDDLE SCHOOL

ATHLETE'S HANDBOOK

This booklet explains the objectives and policies of the Interscholastic Athletic Program at Greenwood Community Middle School. The mental, physical, and emotional growth of a middle school student can be enhanced extensively by participating in a well-developed athletic program. Well-defined policies will help faculty, parents, and students place athletics into the proper perspective within the total educational program of our School.

TO ALL PARENTS:

Please take a few minutes to read this booklet. It has been prepared as a guide for those who choose to participate in interscholastic athletics.

We are certain that your child will benefit from his/her participation in athletics. Physical strength will increase with consistent training. Mental well-being will improve with team-work and competition. Many values that will help students to become effective members of a community can be gained by participating in athletics.

Please feel free to call the School if you have any questions, comments or problems regarding the athletic program. The School depends on the cooperation of parents to aid in promoting a successful and worthwhile athletic program.

Sports offered at Greenwood Middle School are:

<u>FALL</u>	CHEERLEADING	CROSS COUNTRY FOOTBALL GOLF BOYS TENNIS	VOLLEYBALL BOYS/GIRLS SOCCER
<u>WINTER</u>	CHEERLEADING	BASKETBALL WRESTLING SWIMMING & DIVING	DANCE TEAM WRESTLERETTES
<u>SPRING</u>		TRACK & FIELD	GIRLS TENNIS

Any student with sufficient ability is eligible to participate, provided he meets the scholastic standards and appropriate conduct requirements established by the School Administration. A student must also abide by the rules and regulations set up by the coaching staff of the sport in which he participates.

The following rules and regulations shall govern all boys and girls who participate in interscholastic athletics and/or cheerleading at Greenwood Middle School. Such rules are distributed to each student athlete and a parent of that athlete in conformance with I.C. 20-8.1-5-3, as amended from time to time.

Notwithstanding the above, coaches or sponsors of specific activities shall have the right to impose further rules as they deem proper for their activities.

1. ELIGIBILITY RULES

The coaching staff, administration, Mid-State Conference, and the Johnson County Athletic Association have established rules that will govern the eligibility of a student athlete. These rules will be supplemented using certain applicable rules established by the IHSAA. Questions or concerns regarding the eligibility of a student to participate in athletics should be conveyed to the Athletic Director or Principal.

1.1 AGE - ("Interschool Guidelines for Middle Level Schools" - IHSAA)

Students participating in sixth, seventh, and/or eighth grade athletic contests should be eligible within the following guidelines:

6th Grade - A student who is or shall be 14 prior to or on the scheduled date of the last contest in a sport shall be ineligible for athletic competition in that sport.

7th Grade - A student who is or shall be 15 prior to or on the scheduled date of the last contest in a sport shall be ineligible for athletic competition in that sport.

8th Grade - A student who is or shall be 16 prior to or on the scheduled date of the last contest in a sport shall be ineligible for athletic competition in that sport.

1.2 GRADES -

A student must pass a minimum of five solid subjects and can have no more than one "F", in any subject, or he will be considered ineligible for one grading period.

For all Fall sports (football, volleyball, cheerleading, tennis, golf, and cross country) the final semester grades of the previous school year will be used to determine eligibility. (Incoming sixth graders are excluded from this rule.)

Grades obtained in the first nine-week grading period will be used to determine eligibility for 6th, 7th and 8th grade boys' basketball and cheerleading. The first semester grades will determine the eligibility to complete 6th, 7th and 8th grade basketball and cheerleading. These grades will also be used ascertain eligibility for wrestling, swimming, and 7th and 8th grade girls basketball. Grades received in the 3rd nine-week grading period will determine eligibility for track.

1.3 PARENTS AND PHYSICIAN'S CONSENT FORMS -

Before a student may practice with an athletic team, an Athletic Handbook Consent Form and Drug Education and Testing Program Consent Form, properly signed by the Student and by the parent(s) giving permission for the student to participate, must be on file in the Athletic Director's Office. An IHSAA pre-participation physician's form must also be properly completed and signed by a licensed physician and the parents indicating that the student is physically able to play. The insurance section of the physical form must be properly completed. These forms must be renewed each year after May 1st for the next school year.

1.4 PRACTICE RULES -

A student must participate in ten separate days of practice or enter that sport directly from another school sport before he may participate in an interscholastic athletic event. Practice must be under the direct supervision of a member of the coaching staff.

1.5 ABSENCE DUE TO ILLNESS -

A member of any squad who is unable to practice for five consecutive days due to illness or injury must present a statement from his physician indicating that he is physically able to resume practice. The participant must also present a statement from his parent(s) confirming acknowledgment of the doctor's release and consent for the student to resume participation. These statements must be received by the Athletic Director prior to the student's return to practice.

2. AWARDS

Each athlete will receive a certificate with a team picture during the awards ceremony at the end of the season if he successfully completes the requirements and the season for that sport.

If any athlete cannot complete the season due to an injury received from participation in that sport, he may still receive an award if he remains involved with the team in some capacity as directed by the coach, i.e. manager or statistician.

3. ATHLETIC PARTICIPATION

Athletes are encouraged to participate in as many sports as their academic itinerary allow. A student may participate in two (2) sports during the same season if:

3.1 He obtains approval from coaches in both sports prior to the beginning of each sport; and

3.2 Designates a priority sport that would take precedence over the other sport in case of conflicts in schedule of games or practices. A student may not quit one sport to participate in another.

3.3 Athletes may not participate in any practice or athletic contest if he/she did not participate in P.E. class on the day of the practice or event.

4. TRAINING, PERSONAL HABITS, CONDUCT, AND CITIZENSHIP

4.1 APPEARANCES -

Successful athletes develop a strong sense of pride. This pride should be reflected in personal appearance and manner of dress. Athletes are expected to demonstrate good taste in personal grooming and manner of dress at all times.

4.2 CITIZENSHIP -

Good citizenship is expected of student athletes at all times. An athlete is expected to demonstrate respect for oneself, the team, and the School.

4.3 USE OF CONTROLLED SUBSTANCES, TOBACCO, AND ALCOHOL -

The use or possession of controlled substances, tobacco and/or alcohol is strictly prohibited. Student athletes assume a higher profile as representatives of the School; therefore, their behavior is expected to be such that it reflects positively on the School.

4.4 APPLICATION OF ATHLETES' HANDBOOK -

This handbook shall apply to all athletes, cheerleaders, and student-managers at all times, (both in and out of school) even though the individual may not be a participant in a sport at the time of a violation or application of the handbook.

4.5 ATHLETIC COUNCIL -

The Middle School Athletic Council shall consist of all Middle School head coaches, the Middle School Athletic Director, and the Middle School Assistant Principal. The Council may be called upon to settle questions of athletic training violations. Two thirds of all members must be present to constitute a quorum. The Athletic Director will preside over the Council. All findings and decisions will be reported to the Principal.

The Athletic Council's activities may include, but are not limited to:

- 4.5.1 rule on violations not mentioned in this handbook; or
- 4.5.2 assist a coach in ruling on applications and interpretations of this Handbook; or
- 4.5.3 rule on an appeal from a student and/or parent regarding athletic disciplinary action against the student.

4.6 TEAM RULES -

Team rules shall be established and enforced by the coach of the team. Team Rules may address training and such matters as any display of poor citizenship including, but not limited to, the following: fighting, truancy, disrespect to teachers and/or coaches, and abusive or obscene language.

4.7 DUE PROCESS -

4.7.1 INVESTIGATION

Investigation of a violation will be conducted by the Athletic Director, or his designee, upon report by a person who has knowledge of the alleged violation. The investigator may require this report to be submitted in writing. This report may be held in confidence.

The report should include the following: name of violating athlete(s), alleged violation(s), date/time/location of incident(s), names of other witnesses, and signature of person filing the report.

The investigation will include:

- a. Gathering of pertinent information from other sources and the involved athletes
- b. Informing the athlete and his parents of the charge and informing them that a conference will be held
- c. Allowing the athlete to speak in his behalf.

4.7.2 ACTION

- a. After the investigation, the Athletic Director will consult with the Assistant Principal and a head coach selected by the AD, the three of whom constitute the "Ruling Committee." The athlete will either be declared in violation or not in violation based upon the investigation findings.
- b. If declared in violation, the disciplinary action imposed by the Ruling Committee will be based upon the guidelines outlined in Sections 4.6 - 4.8, and notice of such disciplinary action shall be given to the athlete and his parents by letter.

4.7.3 APPEAL

- a. The student or the student's parent, within ten (10) days of the date of notification of the disciplinary action may appeal to the Athletic Council (as defined above in Section 4.5). A request for an informal hearing on any unfavorable decision resulting in suspension or expulsion from athletic participation may be made at the time of appeal. An athlete who appeals and requests such a hearing shall then receive written notification at least five (5) days prior to the hearing from the Athletic Council of: (1) the date, time and place of the informal hearing; (2) that he may be present at the hearing along with his parents, or any witness(es) favorable to the appeal.
- b. Unfavorable decisions by the Athletic Council may be appealed to the Principal, whose decision will be final and binding upon all parties involved.
- c. The Athletic Council may affirm, reverse or modify the ruling of the "Ruling Committee".
- d. The Principal may affirm, reverse or modify the ruling of the Athletic Council.

4.8 GUIDELINES FOR DISCIPLINARY ACTION FOR NON-SCHOOL/IN-SEASON

Definition: An athlete is "in-season" when (1) the athlete is a chosen member of a Greenwood Community Middle School athletic team; and (2) the time frame is between the first day of practice through the final contest of the season.

4.8.1 FIRST VIOLATION

- a. The first violation may result in a suspension of 25% of the contests for that sport season. The number of contests listed below has been figured on 25% of the average length in each sport. The suspension will begin immediately following the decision of the ruling committee and will be for consecutive contests PLAYED regardless of weather and cancellations.
- b. Honesty Clause-If the student is honest concerning his own involvement when first contacted about the violation, the penalty will be reduced to 15% instead of 25%.

	25%	15%		25%	15%
Football	-2	-1	Wrestling	-3	-2
Volleyball	-3	-2	6th Girls Basketball	-2	-1
Cross Country	-2	-1	Track	-2	-1
7 & 8 Boys Basketball	-4	-2	6th Boys Basketball	-3	-2
7 & 8 Girls Basketball	-4	-2	Tennis	-2	-1
Golf	-3	-2	Swimming & Diving	-2	-1

IF THE 25% SUSPENSION CANNOT BE FULFILLED DURING THE CURRENT SPORT DUE TO THE SEASON ENDING, THE SUSPENSION WILL CARRY-OVER INTO THE NEXT SPORT SEASON IN WHICH THE ATHLETE CHOOSES TO PARTICIPATE AND COMPLETE EVEN IF THE NEXT SPORT SEASON IS THE FOLLOWING YEAR.

Example: If the athlete has served 15% of the suspension in the current sport, then he will be suspended for 10% of the next sport in which he chooses to participate.

- c. The Administration may recommend professional and/or school counseling be sought in an effort to determine the cause for the athlete's conduct.
- d. The athlete's parents shall be notified of all disciplinary actions and measures.
- e. Athletes who show "poor judgement" by being "in the wrong place at the wrong time" may be subject to disciplinary action provided by team rules.

4.8.2 SECOND & SUCCEEDING VIOLATIONS

The second & succeeding violations may result in suspension from all athletic participation for 365 days (one calendar year) beginning from the date of the infraction.

4.9 GUIDELINES FOR DISCIPLINARY ACTION FOR NON-SCHOOL/ OUT-OF-SEASON

Violations occurring out-of-season may result in other types of disciplinary action, depending upon the circumstances of the violation.

4.10 GUIDELINES FOR DISCIPLINARY ACTION FOR SCHOOL FUNCTION

Violations on school grounds or at school activities will be dealt with on the same basis as non-school violations (SEE Sections 4.6 - 4.8). In addition, an athlete may also be disciplined as students of Greenwood Community Middle School by the School Administration. Disciplinary actions by the School Administration may be more severe than outlined in this Handbook.

5. POLICIES

5.1 SCHOOL SUSPENSIONS -

An athlete receiving a Suspension will be ineligible for any contest or practice which occurs during the suspension. A Suspension is defined as receiving one or more days of all-day in-school or out-of-school suspension.

5.2 PRACTICE ATTENDANCE -

Athletes are expected to attend all practices. The coach must be personally notified by the athlete prior to practice if he cannot attend. Penalty for unexcused absences will be left to the discretion of the coach.

5.3 CONTEST EXPULSION -

If an athlete is expelled from an athletic contest by a game official, the athlete will be suspended from the next played contest. A second expulsion during the same sport season will result in a more severe penalty, to be determined by the Athletic Director and head coach of the sport in which the expulsion occurred.

5.4 PARENT AWARENESS -

Parents are strongly encouraged to become familiar with the team rules and regulations in order to help their child adhere to those rules.

5.5 AWARDS HONOR PROGRAM -

All athletes shall attend the athletic awards presentation for their sport. If an athlete is unable to attend, the coach must be notified prior to the awards presentation.

5.6 TEAM TRANSPORTATION -

An athlete must remain under the supervision of a coach or approved adult on all athletic trips from the time of departure until returning to Greenwood Community Middle School. An athlete wishing to depart from the supervision of the coach or approved adult at any point on a trip must have written permission from his parents.

5.7 EQUIPMENT & UNIFORMS -

The student athlete is responsible for any equipment issued for his use and it shall be returned in satisfactory condition. If the issued equipment is lost, stolen, damaged or abused, the student athlete shall pay the replacement cost of the equipment.

5.8 INJURIES -

Any injury sustained by an athlete, no matter how minor, must be reported to the coach immediately.

5.9 ATHLETIC INSURANCE -

Neither the School Corporation nor the Athletic Department has insurance which covers students in case of athletic injuries. Parents are encouraged to check with their present health and hospitalization insurance carrier to determine if additional insurance is desirable or required.

Student insurance may be purchased through the Greenwood Community Middle School Office. This policy covers all after-school activities.

5.10 DRESS CODE FOR ATHLETIC EVENTS -

Athletes should represent Greenwood Community Middle School in a respectable manner. When a Greenwood athlete comes to a home event or travels to another school as a competitor, he should dress in a manner above criticism. Coaches may suggest certain types of attire.

5.11 ABSENCES -

If a student is absent from school five (5) or more periods, he shall not be permitted to practice or compete in any contest on that particular day.

If there is an emergency situation or a need for interpretation of this Handbook, the Athletic Director will determine the student's status. Such determination by the Athletic Director shall be final.

MISCELLANEOUS WORD USAGE

For the sake of simplicity and convenience, the use of any gender shall include all genders, and the use of any number shall be construed as singular or plural, as the case may require. The term parent refers to either the singular or the plural and includes the term guardian or any other person having the legal status of a parent.

Athlete's Name _____

Grade in School _____

CONSENT FORM

[PLEASE PRINT]

PARENT (S) / GUARDIAN (S) NAMES _____
First & Last Names

HOME ADDRESS _____

CITY _____ ZIP CODE _____

HOME PHONE # _____ FATHERS WORK PHONE # _____

MOTHERS WORK PHONE # _____

FAMILY DOCTOR _____

DATE OF LAST PHYSICAL _____

ANTICIPATED SPORTS _____

AS THE PARENT OF _____, A STUDENT ATHLETE AT GREENWOOD COMMUNITY MIDDLE SCHOOL, I HAVE READ THE GREENWOOD ATHLETE'S HANDBOOK AND REALIZE THE RESPONSIBILITIES THAT ACCOMPANY BECOMING A STUDENT ATHLETE.

DATE: _____
PARENT'S SIGNATURE _____

ATHLETE'S DATE OF BIRTH _____ ATHLETE'S GRADE _____

I, _____, HAVE READ THE GREENWOOD MIDDLE SCHOOL ATHLETE'S HANDBOOK AND UNDERSTANDS ALL OF THE RULES AND REGULATIONS THEREIN. I WISH TO ACCEPT THE RESPONSIBILITIES OF A STUDENT ATHLETE AND WILL PERFORM TO THE BEST OF MY ABILITY.

DATE: _____
ATHLETE'S SIGNATURE _____

THIS COMPLETED FORM IS TO BE ON FILE IN THE MIDDLE SCHOOL ATHLETIC DIRECTOR'S OFFICE. IT MUST BE COMPLETED AND RETURNED ALONG WITH THE PROPER PHYSICAL EXAMINATION FORM AND DRUG TESTING FORM BEFORE THE STUDENT WILL BE ALLOWED TO PRACTICE. ONLY ONE PHYSICAL FORM, ONE DRUG TESTING FORM AND ONE CONSENT FORM PER ATHLETE IS NEEDED EACH SCHOOL YEAR.

GRADE _____

ATHLETIC EMERGENCY INFORMATION SHEET

COACHES CARRY PACKET

NAME: _____ HOME PHONE: _____

PARENT' S NAME: _____

ADDRESS: _____

MOTHER' S WORK PHONE: _____ ALT. /CELL PHONE: _____

FATHER' S WORK PHONE: _____ ALT. /CELL PHONE: _____

NAME OF EMERGENCY CONTACT: _____ PHONE: _____

DOCTOR' S NAME: _____ PHONE: _____

INSURANCE COMPANY: _____

HOSPITAL PREFERENCE: _____

ALLERGIES: _____

MEDICATIONS: _____

ANY OTHER PERTINENT INFORMATION: _____
