



# SEPTEMBER | 2018

**SOUTHWEST ELEMENTARY**

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.*

*MENU SUBJECT TO CHANGE.*

The Big Idea for September

## Initiative

Seeing what  
Needs to be done  
And doing it

### News

Breakfast is served

8:25-8:45

Lunch is served

10:55-12:30

Student Breakfast - \$1.35

Student Lunch - \$2.25

Milk - \$.50

### Starting in September

**Parents are welcome to have**

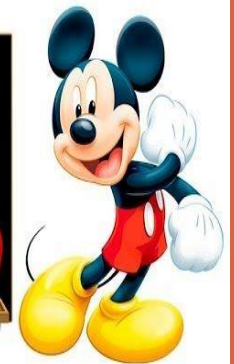
**lunch with their student.**

**Adult lunch is \$3.50**

**Cash only please.**

Please keep track of your student's  
account balance.

Students are allowed to charge **two**  
lunches. After exceeding the charge limit  
a courtesy meal of a peanut butter  
sandwich and milk will be available  
until full payment is received.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**3** B: Sausage Gravy Pizza  
Corn Dog,  
Burrito,  
Pepperoni Rippers  
Peas,  
Green Beans,  
Celery & Carrots  
Fresh Fruit (Cuties),  
Pears

**4** B: Eggs w/ Bacon & Cheese  
Spaghetti w/ Bread Stick,  
Chef Salad w/ Diced Chicken,  
Southwest Burger  
Cookie  
California Blend,  
Cooked Spinach,  
Cucumbers & Tomatoes  
Mixed Fruit,  
Mandarin Oranges

**5** B: Breakfast on a Stick  
Grilled Chicken Wrap,  
Pizza  
Hot Dog  
Brussels sprouts,  
Corn,  
Garden Salad  
Fresh Fruit (Grapes),  
Pineapple

**6** B: Cinnamon French Toast  
Chicken Quesadilla,  
Hamburger  
Lasagna w/ Bread Stick  
Sweet Potato Fries,  
Refried Beans,  
Salsa  
Fresh Fruit (apples),  
Apricots

**7** B: Muffins /w Cheese Stick  
Bosco Sticks,  
Meat Ball Sub,  
PB&J w/ Yogurt,  
Broccoli,  
Sugar Snap Peas  
Baby Carrots  
Peaches,  
Cinn./Straw. Applesauce Cup

**10** B: Bacon/Egg Pizza  
Macaroni & Cheese w/ Roll,  
Spicy Chicken Sandwich,  
Pizza  
Cooked Carrots,  
Green Beans,  
Garden Salad  
Fresh Fruit (Banana),  
Applesauce

**11** Sausage & Pancake Wrap Mini  
Chicken Patty Sandwich,  
Chef Salad w/ Diced Chicken,  
Rotini w/ Bread Stick  
Cookie  
Sweet Potato Fries,  
Mixed Vegetables,  
Cucumbers & Tomatoes  
Mandarin Oranges  
Pineapple

**12** B: Yogurt w/ Cracker  
Breaded Chicken Wrap,  
Hamburger,  
Meat Ball Sub  
Cauliflower,  
Peas & Carrots,  
Garden Salad  
Fresh Fruit (Orange),  
Apricots

**13** B: Ham & Cheese Frittata  
Chili & Crackers,  
Southwest Burger,  
Hot Dog  
Corn,  
Sugar Snap Peas,  
Celery & Carrots  
Fresh Fruit (Pears),  
Peaches

**14** B: Muffins /w Cheese Stick  
Ham & Cheese Rippers  
Pepperoni Calzone,  
PB&J w/ Yogurt  
Baked Beans,  
Broccoli,  
Baby Carrots  
Mixed Fruit,  
Pears

**17** B: Sausage Gravy Pizza  
Chicken Tenders w/ Roll,  
Pizza,  
Bosco Sticks  
Baked beans,  
Cauliflower,  
Garden Salad  
Fresh Fruit (Cuties),  
Pears

**18** B: Eggs w/ Bacon & Cheese  
Ravioli w/ Breadstick,  
Corn Dog  
Chef Salad w/ Diced Chicken,  
Cookie  
California Blend  
Cooked Spinach,  
Cucumbers & Tomatoes  
Mandarin Oranges,  
Peaches

**19** B: Breakfast on a Stick  
Chicken Teriyaki w/ Rice  
PB&J w/ Yogurt  
Hamburger,  
Broccoli  
Mixed Vegetables  
Garden Salad  
Fresh Fruit (Grapes),  
Applesauce Cups

**20** B: Cinnamon French Toast  
Chicken & Noodles w/ Roll  
Southwest Burger,  
Spicy Chicken Sandwich,  
Cooked Carrots  
Mashed Potatoes  
Celery & Carrots  
Fresh Fruit (apples),  
Mixed Fruit

**21** B: Muffins /w Cheese Stick  
Beef & Cheese Nachos w/ Scoops  
Chicken Rings w/ Roll,  
Hotdogs  
Sweet Potato Fries,  
Peas  
Salsa  
Cinn. / Straw. Applesauce Cups,  
Apricots

**24** B: Bacon/Egg Pizza  
Toasted Cheese,  
Hamburger  
PB&J w/ Yogurt,  
Green Beans  
Sweet Potato Fries,  
Garden Salad  
Fresh Fruit (Banana),  
Pineapple

**25** B: Maple Waffles  
Burrito,  
Taco Salad w/ Scoops,  
Southwest Burger  
Cookie  
Refried Beans,  
California Blend,  
Cucumbers & Tomatoes  
Apricots  
Applesauce

**26** B: Yogurt w/ Cracker  
Chicken Patty Sandwich,  
Pepperoni Calzone  
Pork Rib Sandwich  
Broccoli,  
Winter Vegetables  
Garden Salad  
Fresh Fruit (orange),  
Mixed Fruit

**27** B: Ham & Cheese Frittata  
Sloppy Joes w/ Scoops  
Fiesta Flat Bread,  
Fish Sticks w/ Roll  
Cauliflower  
Corn,  
Celery & Carrots  
Fresh Fruit (Pears),  
Pineapple

**28** B: Muffins /w Cheese Stick  
Orange Chicken over Rice,  
Hot Dog,  
Pizza  
Mixed Vegetables,  
Peas,  
Baby Carrots  
Mandarin Oranges  
Peaches