



FEBRUARY | 2019

GHS CAFÉ

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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|---|---|---|--|--|
| <p>4 Egg Extravaganza</p> <p>Teriyaki Chicken w/Rice Corn, Salad, Carrots Mandarin Oranges</p> <p>Fish Sandwich</p> <p>Chicken Chunks w/Roll</p> | <p>5 Sausage Pancake on Stick</p> <p>Ravioli w/Roll California Veggies, Celery w/tom, & Carrots Fresh Fruit</p> <p>Chicken Sandwich</p> <p>Meatball Sub</p> | <p>6 Pull Aparts</p> <p>Chili Cheese Nachos Refried Beans, Cauliflower, salad & Carrots Tropical Fruit</p> <p>Cheeseburger Sandwich</p> <p>Chicken Soft Taco</p> | <p>7 Pancakes</p> <p>Chicken Noodles w/Roll Mashed Potatoes, Carrots, Salad Fresh Fruit</p> <p>Spicy Chicken Sandwich</p> <p>Bean & Cheese Burrito w/Salsa</p> | <p>8 Breakfast Pizza</p> <p>Buffalo Chicken Pizza Green Beans, Carrots, Salad & Fries Fruit</p> <p>Ham & Cheese Rippers</p> <p>Chicken Sandwich</p> |
| <p>11 Sausage Pancake on Stick</p> <p>Ham & Cheese Sandwich Baked Beans, Garden Salad, Carrots & Pears</p> <p>Garlic French Bread</p> <p>Cheeseburger Sandwich</p> | <p>12 Frudel</p> <p>Beef Soft Taco w/lettuce & cheese Broccoli, Carrots, Salad Fresh Fruit</p> <p>Chicken Sandwich</p> <p>Macaroni & Cheese w/ Roll</p> | <p>13 WG Cinnamon Roll</p> <p>Chili Cheese Nacho Refried Beans, Carrots, Salad Applesauce</p> <p>Cheeseburger Sandwich</p> <p>Spicy Chicken Sandwich</p> | <p>14 French Toast</p> <p>Sloppy Joe Sandwich Sweet Potato Fries, Peas, Carrots, Salad & Fresh Fruit</p> <p>Spicy Chicken Wrap</p> <p>Teriyaki Chicken w/Rice</p> | <p>15</p> <div style="border: 1px solid black; padding: 5px;"> <p>SORRY KIDS</p> <p>Snow Make Up Day</p> <p>Chefs Choice</p> </div> |
| <p>18 No School</p> <p>Presidents Day</p> <p>Snow Make Up Day If Needed</p> <p>Chefs Choice</p> | <p>19 Pancakes</p> <p>Spaghetti w/Meat Sauce & Garlic Bread stick, Garden Salad, Carrots California Veggies & Fresh Fruit</p> <p>Spicy Chicken Sandwich</p> <p>Chicken Soft Taco</p> | <p>20 Pull Aparts</p> <p>Chili Cheese Nacho Refried Beans, Carrots w/tom Salad Applesauce</p> <p>Chicken Sandwich</p> <p>BBQ Chicken Flatbread</p> | <p>21 Pancakes</p> <p>Orange Chicken w/Rice Green Beans, Carrots, Celery w/Tom Fresh Fruit</p> <p>Fish Sandwich</p> <p>Beef Soft Taco</p> | <p>22 Breakfast Pizza</p> <p>Bosco Sticks Peas, Carrots, Salad Fruit</p> <p>Pepperoni Pizza</p> <p>Chicken Quesadilla</p> |
| <p>25 Frudel</p> <p>BBQ Pork Sandwich Baked Beans, Carrots, Salad Tropical Fruit</p> <p>Chicken Sandwich</p> <p>Chicken Tetrzinni</p> | <p>26 Egg Extravaganza</p> <p>Spicy Chicken Sandwich Cauliflower, Sweet Potato Fries, Celery w/tom & Fresh Fruit</p> <p>Cheeseburger Sandwich</p> <p>Chicken Alfredo w/Roll</p> | <p>27 WG Cinnamon Roll</p> <p>Chili Cheese Nacho Refried Beans, Carrots, Salad Applesauce</p> <p>Grilled Chicken w/let & tom</p> <p>Fiesta Chicken Flat Bread</p> | <p>28 French Toast</p> <p>Corn Dog Green Beans, Carrots, Celery w/tom Fresh Fruit</p> <p>General TSO Chicken w/Rice</p> <p>Chicken Sandwich</p> | <p>1</p> |

NEWS

BREAKFAST

SERVED DAILY 7:05-7:25AM

Options available:

**Hot Entrée
Fruit
Yogurt Parfait w/granola
Cereal
Muffins
Juice & Milk**

**Student Breakfast Meal
\$1.35**

**Adult Breakfast Meal
\$1.75**

LUNCH: 4 LINES

**Deli Line
2-Home Style Lines
International Line**

**Student Meal \$2.45
Adult Meal \$3.50**

**Assorted Fruit and Veggies
are available daily on all
lines.**

This is an equal opportunity provider

Esta institucion es un proveedor que
ofrece igualdad de oportnidades.