



OCTOBER | 2019



Greenwood Middle School Cafe

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MENU SUBJECT TO CHANGE

<p>30</p> <p><u>B-Sausage Biscuit</u> Comdog Cheeseburger Grilled Chicken Celery Side Salad Greenbeans Tropical Fruit or Fresh Fruit</p>	<p>1</p> <p><u>B - Cherry Frudel</u> Spaghetti & Breadstick Chef Salad Spicy Chicken Sandwich California Veggies Tomatoes Side Salad Mixed Fruit or Fruit Slushies</p>	<p>2</p> <p><u>B - Cinni Mini</u> Chicken Caesar Wrap Pizza PBJ & Yogurt Carrot Sticks Fresh Broccoli Side Salad Pineapple or Fresh Fruit</p>	<p>3</p> <p><u>B - Pancakes</u> Quesadilla Chef Salad BBQ Rib Sandwich Sweet Potato Fries Refried Beans Side Salad Applesauce or Fruit Slushies</p>	<p>4</p> <p><u>B - Cinnamon Bagel</u> Bosco Sticks Turkey Sandwich Chicken Soft Taco Brussels sprouts Corn Side Salad Oranges or Fresh Fruit</p>
<p>7</p> <p><u>B - Sausage Biscuit</u> Macaroni & Cheese w/roll Hot Dog Fiesta Flatbread Side Salad Carrot Sticks Green beans Applesauce or Fresh Fruit</p>	<p>8</p> <p><u>B - Apple Frudel</u> Chicken Sandwich Chef Salad Pizza Side Salad Baked Beans Sweet Potato Fries Oranges or Fruit Slushies</p>	<p>9</p> <p><u>B - Cinni Mini</u> Chicken Tender Wrap PBJ & Cheese stick Pepperoni Calzone Side Salad Broccoli Corn Pears or Fresh Fruit</p>	<p>10</p> <p><u>B - Waffle</u> Rotini & Breadstick Chef Salad Fish Sticks w/roll Side Salad Sliced Cucumbers Winter Veggies Peaches or Fruit Slushies</p>	<p>11</p> <p><u>B-Egg & Cheese Biscuit</u> BBQ Sandwich Pizza Sticks Hamburger Cauliflower Peas Side Salad Pineapple or Fresh Fruit</p>
<p>14</p> 	<p>FALL BREAK NO SCHOOL</p>			<p>18</p> 
<p>21</p> <p><u>B - Sausage Biscuit</u> Chicken Tenders Ham & Cheese Ripper Burrito Baked Beans Celery Side Salad Oranges or Fresh Fruit</p>	<p>22</p> <p><u>B - Cherry Frudel</u> Ravioli & Breadstick Chef Salad Spicy Chicken Sandwich California Veggies Tomatoes Side Salad Peaches or Fruit Slushies</p>	<p>23</p> <p><u>B - Cinni Mini</u> Teriyaki Chicken & Rice PBJ & Yogurt Cheeseburger Broccoli Cucumber Slices Side Salad Mixed Fruit or Fresh Fruit</p>	<p>24</p> <p><u>B - Pancake Sausage Wrap</u> Chicken Noodle w/roll Chef Salad Turkey Sandwich Mashed Potatoes Cooked Carrots Side Salad Tropical Fruit or Fruit Slushies</p>	<p>25</p> <p><u>B - Strawberry Bagel</u> Beef & Cheese Nachos Hamburger Quesadilla Cauliflower Brussels sprouts Side Salad Applesauce or Fresh Fruit</p>
<p>28</p> <p><u>B-Sausage Biscuit</u> Tenderloin Fiesta Flatbread Woodmen Burger Carrot Sticks Side Salad Green beans Tropical Fruit OR Fresh Fruit</p>	<p>29</p> <p><u>B-Apple Frudel</u> Beef Soft Taco Chef Salad Chicken Sandwich Celery Side Salad Refried Beans Applesauce OR Fruit Slushies</p>	<p>30</p> <p><u>B-Cinni Mini</u> Ham & Cheese Pocket PBJ & Cheese stick Hot Dog Broccoli Peas Side Salad Oranges OR Fresh Fruit</p>	<p>31</p> <p><u>B - French Toast</u> Sloppy Joe Chef Salad Drumstick w/roll Sweet Potato Fries Cauliflower Side Salad Peaches or Fruit Slushies</p>	<p>1</p> <p><u>B - Breakfast Pizza</u> Orange Chicken & Rice Burrito Ham & Cheese Ripper Oriental Veggies Corn Side Salad Peaches or Fresh Fruit</p>

News
BREAKFAST IS SERVED:
7:35 - 7:55
IN GMS CAFETERIA
NO BREAKFAST ON 2 HOUR DELAYS

Please keep track of your child's meal activity and account balances.
 You can make payments to your child's account online at EzSchoolPay.com

CARBONATED FRUIT DRINKS MONDAY, WEDNESDAY & FRIDAYS \$1.30
JUICY JUICE TUESDAY & THURSDAY \$.50
BROWNIES/COOKIES/CHIPS/ BEEF STICKS/POPTARTS/ AND WATER SERVED EVERYDAY \$.50 - \$1.00



FALL BREAK 14-18 NO SCHOOL