



OCTOBER | 2018

SOUTHWEST ELEMENTARY

The Big Idea for October
Contentment
 Deciding to be
 Happy
 With what you have

THIS INSTITUTION IS AN EQAL OPPORTUNITY PROVIDER.

MENU SUBJECT TO CHANGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>B: Sausage Gravy Pizza</u> Corn Dog, Burrito, Pepperoni Rippers Peas, Green Beans, Celery & Carrots Fresh Fruit (Cuties), Pears	2 <u>B: Eggs w/ Bacon & Cheese</u> Spaghetti w/ Bread Stick, Chef Salad w/ Diced Ham, Southwest Burger Cookie California Blend, Cooked Spinach, Cucumbers & Tomatoes Mixed Fruit, Mandarin Oranges	3 <u>B: Breakfast on a Stick</u> Grilled Chicken Wrap, Pizza Hot Dog Brussels sprouts, Corn, Garden Salad Fresh Fruit (Grapes), Pineapple	4 <u>B: Cinnamon French Toast</u> Chicken Quesadilla, Hamburger Lasagna w/ Bread Stick Sweet Potato Fries, Refried Beans, Salsa Fresh Fruit (apples), Apricots	5 <u>B: Muffins /w Cheese Stick</u> Bosco Sticks, Meat Ball Sub, PB&J w/ Yogurt, Broccoli, Sugar Snap Peas Baby Carrots Peaches, Cinn./Straw. Applesauce Cup
8 <u>B: Bacon/Egg Pizza</u> Macaroni & Cheese w/ Roll, Spicy Chicken Sandwich, Pizza Cooked Carrots, Green Beans, Garden Salad Fresh Fruit (Banana), Applesauce	9 <u>Sausage & Pancake Wrap Mini</u> Chicken Patty Sandwich, Chef Salad w/ Diced Chicken, Rotini w/ Bread Stick Cookie Sweet Potato Fries, Mixed Vegetables, Cucumbers & Tomatoes Mandarin Oranges Pineapple	10 <u>B: Yogurt w/ Cracker</u> Breaded Chicken Wrap, Hamburger, Meat Ball Sub Cauliflower, Peas & Carrots, Garden Salad Fresh Fruit (Orange), Apricots	11 <u>B: Ham & Cheese Frittata</u> Chili & Crackers, Southwest Burger, Hot Dog Corn, Sugar Snap Peas, Celery & Carrots Fresh Fruit (Kiwi & Strawberries), Peaches	12 <u>B: Muffins /w Cheese Stick</u> Ham & Cheese Rippers Pepperoni Calzone, PB&J w/ Yogurt Baked Beans, Broccoli, Baby Carrots Mixed Fruit, Pears



22 <u>B: Sausage Gravy Pizza</u> Chicken Tenders w/ Roll, Pizza, Bosco Sticks Baked beans, Cauliflower, Garden Salad Fresh Fruit (Cuties), Pears	23 <u>B: Eggs w/ Bacon & Cheese</u> Ravioli w/ Breadstick, Corn Dog Chef Salad w/ Diced Ham, Cookie California Blend Cooked Spinach, Cucumbers & Tomatoes Mandarin Oranges, Peaches	24 <u>B: Breakfast on a Stick</u> Chicken Teriyaki W/ Rice PB&J w/ Yogurt Hamburger, Broccoli Mixed Vegetables Garden Salad Fresh Fruit (Grapes), Applesauce Cups	25 <u>B: Cinnamon French Toast</u> Chicken & Noodles w/ Roll Southwest Burger, Spicy Chicken Sandwich, Cooked Carrots Mashed Potatoes Celery & Carrots Fresh Fruit (apples), Mixed Fruit	26 <u>Muffins /w Cheese Stick</u> Beef & Cheese Nachos w/ Scoops Chicken Rings w/ Roll, Hotdogs Sweet Potato Fries, Peas Salsa Cinn. / Straw. Applesauce Cups, Apricots
29 <u>B: Bacon/Egg Pizza</u> Toasted Cheese, Hamburger PB&J w/ Yogurt, Green Beans Sweet Potato Fries, Garden Salad Fresh Fruit (Banana), Pineapple	30 <u>B: Maple Pancakes</u> Burrito, Taco Salad w/ Scoops, Southwest Burger Cookie Refried Beans, California Blend, Cucumbers & Tomatoes Apricots Applesauce	31 <u>B: Yogurt w/ Cracker</u> Spicy Chicken Sandwich, Pepperoni Calzone Pork Rib Sandwich Broccoli, Winter Vegetables Garden Salad Fresh Fruit (orange), Mixed Fruit		

News

Breakfast is served

8:25-8:45

Lunch is served

10:55-12:30

Student Breakfast - \$1.35

Student Lunch - \$2.25

Milk - \$.50

Starting in September
Parents are welcome to have
lunch with their student.

Adult lunch is \$3.50

Cash only please.

Please keep track of your student's account balance. Students are allowed to charge **two** lunches. After exceeding the charge limit a courtesy meal of a peanut butter sandwich and milk will be available until full payment is received.

