



# AUGUST | 2018

## SOUTHWEST ELEMENTARY

The Big Idea for August

**Wisdom**  
Finding out what you  
Should do  
And doing it

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MENU SUBJECT TO CHANGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>6</b> <u>B: Sausage Gravy Pizza</u> Corn Dog, Burrito, Hamburger Peas, Green Beans, Celery & Carrots Fresh Fruit (Cuties), Pears	<b>31</b> <u>B: Maple Waffles</u> Burrito, Taco Salad w/ Scoops, Chicken Patty Sandwich Refried Beans, California Blend, Cucumbers & Tomatoes Apricots Applesauce	<b>1</b> <u>B: Yogurt w/ Cracker</u> Spicy Chicken Sandwich, Pepperoni Calzone Pork Rib Sandwich Broccoli, Winter Vegetables Garden Salad Fresh Fruit (orange), Mixed Fruit	<b>2</b> <u>B: Ham &amp; Cheese Frittata</u> Sloppy Joes Sandwich, Fiesta Flat Bread, Fish Sticks w/ Roll Cauliflower Corn, Celery & Carrots Fresh Fruit (Pears), Pineapple	<b>3</b> <u>B: Muffins /w Cheese Stick</u> Orange Chicken over Rice, Hot Dog, Pizza Mixed Vegetables, Peas, Baby Carrots Mandarin Oranges Peaches
<b>6</b> <u>B: Sausage Gravy Pizza</u> Corn Dog, Burrito, Hamburger Peas, Green Beans, Celery & Carrots Fresh Fruit (Cuties), Pears	<b>7</b> <u>B: Eggs w/ Bacon &amp; Cheese</u> Spaghetti w/ Bread Stick, Chef Salad w/ Diced Chicken, Southwest Burger California Blend, Cooked Spinach, Cucumbers & Tomatoes Mixed Fruit, Mandarin Oranges	<b>8</b> <u>B: Breakfast on a Stick</u> Grilled Chicken Wrap, Pizza Hot Dog Brussels sprouts, Corn, Garden Salad Fresh Fruit (Grapes), Pineapple	<b>9</b> <u>B: Cinnamon French Toast</u> Chicken Quesadilla, Spicy Chicken Sandwich Lasagna w/ Bread Stick Sweet Potato Fries, Refried Beans, Salsa Fresh Fruit (apples), Apricots	<b>10</b> <u>B: Muffins /w Cheese Stick</u> Bosco Sticks, Ham & Cheese Pocket, PB&J w/ Yogurt, Broccoli, Sugar Snap Peas Baby Carrots Peaches, Cinn./Straw. Applesauce Cup
<b>13</b> <u>B: Bacon/Egg Pizza</u> Macaroni & Cheese w/ Roll, Spicy Chicken Sandwich, Pizza Cooked Carrots, Green Beans, Garden Salad Fresh Fruit (Banana), Applesauce	<b>14</b> <u>Sausage &amp; Pancake Wrap Mini</u> Chicken Patty Sandwich, Chef Salad w/ Diced Chicken, Rotini w/ Bread Stick Sweet Potato Fries, Mixed Vegetables, Cucumbers & Tomatoes Mandarin Oranges Pineapple	<b>15</b> <u>B: Yogurt w/ Cracker</u> Breaded Chicken Wrap, Hamburger, Meat Ball Sub Cauliflower, Peas & Carrots, Garden Salad Fresh Fruit (Orange), Apricots	<b>16</b> <u>B: Ham &amp; Cheese Frittata</u> Chili & Crackers, Southwest Burger, Hot Dog Corn, Sugar Snap Peas, Celery & Carrots Fresh Fruit (Pears), Peaches	<b>17</b> <u>B: Muffins /w Cheese Stick</u> BBQ Pulled Pork Sandwich, Pepperoni Calzone, PB&J w/ Yogurt Baked Beans, Broccoli, Baby Carrots Mixed Fruit, Pears
<b>20</b> <u>B: Sausage Gravy Pizza</u> Chicken Tenders w/ Roll, Pizza, Ham & Cheese Pocket Baked beans, Cauliflower, Garden Salad Fresh Fruit (Cuties), Pears	<b>21</b> <u>B: Eggs w/ Bacon &amp; Cheese</u> Ravioli w/ Breadstick, Corn Dog Chef Salad w/ Diced Chicken, California Blend Cooked Spinach, Cucumbers & Tomatoes Mandarin Oranges, Peaches	<b>22</b> <u>B: Breakfast on a Stick</u> Chicken Teriyaki w/ Rice PB&J w/ Yogurt Hamburger, Broccoli Mixed Vegetables Garden Salad Fresh Fruit (Grapes), Applesauce Cups	<b>23</b> <u>B: Cinnamon French Toast</u> Chicken & Noodles w/ Roll Southwest Burger, Spicy Chicken Sandwich, Cooked Carrots Mashed Potatoes Celery & Carrots Fresh Fruit (apples), Mixed Fruit	<b>24</b> <u>B: Muffins /w Cheese Stick</u> Beef & Cheese Nachos w/ Scoops Chicken Rings w/ Roll, Hotdogs Sweet Potato Fries, Peas Salsa Cinn. / Straw. Applesauce Cups, Apricots
<b>27</b> <u>B: Bacon/Egg Pizza</u> Toasted Cheese, Hamburger PB&J w/ Yogurt, Green Beans Sweet Potato Fries, Garden Salad Fresh Fruit (Banana), Pineapple	<b>28</b> <u>B: Maple Waffles</u> Burrito, Taco Salad w/ Scoops, Chicken Patty Sandwich Refried Beans, California Blend, Cucumbers & Tomatoes Apricots Applesauce	<b>29</b> <u>B: Yogurt w/ Cracker</u> Spicy Chicken Sandwich, Pepperoni Calzone Pork Rib Sandwich Broccoli, Winter Vegetables Garden Salad Fresh Fruit (orange), Mixed Fruit	<b>30</b> <u>B: Ham &amp; Cheese Frittata</u> Sloppy Joes Sandwich, Fiesta Flat Bread, Fish Sticks w/ Roll Cauliflower Corn, Celery & Carrots Fresh Fruit (Pears), Pineapple	<b>31</b> <u>B: Muffins /w Cheese Stick</u> Orange Chicken over Rice, Hot Dog, Pizza Mixed Vegetables, Peas, Baby Carrots Mandarin Oranges Peaches

### News

Breakfast is served

8:25-8:45

Lunch is served

10:55-12:30

Student Breakfast - \$1.35

Student Lunch - \$2.25

Milk - \$.50

**Starting in September**

**Parents are welcome to have**

**lunch with their student.**

**Adult lunch is \$3.50**

**Cash only please.**

Please keep track of your student's account balance.

Students are allowed to charge **two** lunches. After exceeding the charge limit a courtesy meal of a peanut butter sandwich and milk will be available until full payment is received.

