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# OCTOBER | 2021

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## Greenwood Middle School Cafe


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|   |  |   |  |   |
|---|--|---|--|---|
| <p><b>27</b> B-Sausage Pancake Wrap<br/>Tenderloin<br/>Quesadilla<br/>Grilled Chicken<br/>Side Salad<br/>Oriental Vegetables<br/>Corn<br/>Tropical Fruit, Fresh Fruit, Craisins</p>                         | <p><b>28</b> B-Apple Frudel<br/>Beef &amp; Cheese Burrito<br/>Chef Salad<br/>Chicken Sandwich<br/>Side Salad<br/>Refried Beans<br/>Greenbeans<br/>Applesauce, Fruit Slushy, Craisins</p> | <p><b>29</b> B-Cinni Mini<br/>Ham &amp; Cheese Ripper<br/>PBJ &amp; Cheesestick<br/>Parfait w/ Granola<br/>Side Salad<br/>Carrot Sticks<br/>Broccoli<br/>Oranges, Fresh Fruit, Craisins</p>               | <p><b>30</b> B-French Toast<br/>Sloppy Joe &amp; Chips<br/>Popcorn Chicken Salad<br/>Fish Sticks<br/>Celery<br/>Side Salad<br/>Winter Vegetables<br/>Pears, Fruit Slushy, Craisins</p>                                   | <p><b>1</b> B-Cinnamon Bagel<br/>Lasagna Roll<br/>Pizza<br/>Chef's Choice<br/>Side Salad<br/>Cauliflower<br/>Peas<br/>Peaches, Fresh Fruit, Craisins</p>                                  |
| <p><b>4</b> B-Muffin<br/>Corn dog<br/>Turkey Sandwich<br/>Chicken Tenders &amp; Roll<br/>Side Salad<br/>Sweet Potato Fries<br/>Baked Beans<br/>Applesauce, Fresh Fruit, Craisins</p>                        | <p><b>5</b> B-Cherry Frudel<br/>Spicy Chicken Sandwich<br/>Chef Salad<br/>Rotini &amp; Breadstick<br/>Side Salad<br/>Tomatoes<br/>Greenbeans<br/>Mixed Fruit, Slushy, Craisins</p>       | <p><b>6</b> B-Cinni Mini<br/>Pizza<br/>PBJ &amp; Yogurt &amp; Cracker<br/>Chicken Caesar Wrap<br/>Side Salad<br/>Fresh Broccoli<br/>Smile Potato Fries<br/>Mandarin Oranges, Fresh Fruit,</p>             | <p><b>7</b> B-Pancakes<br/>Pulled Pork Nachos<br/>Popcorn Chicken Salad<br/>Quesadilla<br/>Side Salad<br/>Celery<br/>Brussel Sprouts<br/>Pears, Fruit Slushy, Craisins</p>   | <p><b>8</b> B-Strawberry Bagel<br/>Bosco Sticks<br/>Woodmen Burger<br/>Chef's Choice<br/>Side Salad<br/>Peas<br/>California Veggies<br/>Peaches, Fresh Fruit, Craisins</p>                |
| <p><b>11</b></p>    | <p><b>12</b> <b>13</b> <b>14</b></p> <h1>FALL BREAK</h1> <h2>NO SCHOOL</h2>  |   |  | <p><b>15</b></p>    |
| <p><b>18</b> B-Sausage Pancake Wrap<br/>Macaroni &amp; Cheese w/ Roll<br/>Hot Dog<br/>Grilled Chicken Sandwich<br/>Side Salad<br/>Cauliflower<br/>Brussels Sprouts<br/>Pineapple, Fresh Fruit, Craisins</p> | <p><b>19</b> B-Apple Frudel<br/>Chicken Sandwich<br/>Chef Salad<br/>Pizza<br/>Side Salad<br/>Celery<br/>Greenbeans<br/>Tropical Fruit, Fruit Slushy, Craisins</p>                        | <p><b>20</b> B-Cinni Mini<br/>Turkey Bacon Wrap<br/>PBJ &amp; Cheesestick w/ Cracker<br/>Chicken Tenders &amp; Roll<br/>Side Salad<br/>Broccoli<br/>Baked Beans<br/>Applesauce, Fresh Fruit, Craisins</p> | <p><b>21</b> B-French Toast<br/>Spaghetti &amp; Breadstick<br/>Popcorn Chicken Salad<br/>Turkey &amp; Cheese Sandwich<br/>Side Salad<br/>Carrot Sticks<br/>Winter Vegetables<br/>Mixed Fruit, Fruit Slushy, Craisins</p> | <p><b>22</b> B-Cinnamon Bagel<br/>Ripper<br/>Fish Sticks<br/>Chef's Choice<br/>Side Salad<br/>Corn<br/>Oriental Vegetables<br/>Oranges, Fresh Fruit, Craisins</p>                         |
| <p><b>25</b> B-Muffin<br/>Chicken &amp; Waffle<br/>Woodmen Burger<br/>Calzone<br/>Side Salad<br/>California Vegetables<br/>Sweet Potato Fries<br/>Peaches, Fresh Fruit, Craisins</p>                        | <p><b>26</b> B-Cherry Frudel<br/>Ravioli &amp; Roll<br/>Chef Salad<br/>Spicy Chicken Sandwich<br/>Side Salad<br/>Cucumber Slices<br/>Greenbeans<br/>Peaches, Fruit Slushy, Craisins</p>  | <p><b>27</b> B-Cinni Mini<br/>Teriyaki Chicken &amp; Rice<br/>PBJ &amp; Yogurt w/ Graham<br/>Cheese Burger<br/>Side Salad<br/>Celery<br/>Broccoli<br/>Pineapple, Fresh Fruit, Craisins</p>                | <p><b>28</b> B-Pancakes<br/>Chicken Noodle &amp; Roll<br/>Popcorn Chicken Salad<br/>Ham &amp; Cheese Sandwich<br/>Side Salad<br/>Cooked Carrots<br/>Mashed Potatoes<br/>Mixed Fruit, Fruit Slushy, Craisins</p>          | <p><b>29</b> B-Strawberry Bagel<br/>Beef &amp; Cheese Nachos<br/>Quesadilla<br/>Chefs Choice<br/>Cauliflower<br/>Brussel Sprouts<br/>Side Salad<br/>Applesauce, Fresh Fruit, Craisins</p> |

### News

**MENU IS SUBJECT TO CHANGE**

BREAKFAST IS SERVED 7:30-7:55 IN GMS CAFETERIA  
NO BREAKFAST SERVED ON 2 HOUR DELAYS

PLEASE KEEP TRACK OF YOUR CHILD'S MEAL ACTIVITY & ACCOUNT BALANCE. YOU MAY MAKE PAYMENTS AT EZSCHOOLPAY.COM TO YOUR CHILDS ACCOUNT.



Oct 11-15 Fall Break  
No School